

Expertise: Person Centered Practices, Training, Planning, Facilitation | Advance Care Planning & People with Disabilities | Decision-Making & Planning with People with Complex Healthcare Needs | LTSS/HCBS Policy | Patient/Person/Family Engagement, Partner/Collaborator/Community Engagement | Convening and Facilitation

Selected Relevant Accomplishments

- [OpenNotes™](#) CHEER Project Invited Contributor: Older Adults' Access to Electronic Medical Records. (2025-2026)
- U.S. v Colorado *Olmstead* Settlement Agreement (October 2024) Monitoring Team Member.
- [Yale School of Medicine, Center for Outcomes Research and Evaluation](#): Technical Expert Panel Member: Patient End of Life Goal Setting Measure. (2024)
- [Yale Psychiatry Program for Recovery and Community Health](#): Developer and Trainer: Person Centered Planning, Crisis Prevention and Intervention for People with SPMI (2025)
- Author: *People Planning Ahead: A Guide to Communicating Healthcare and End of Life Wishes* (AAIDD publisher). (2008)
- Co-developer, Facilitator and Trainer: *Person Centered Approaches to Healthcare Decision Making for People with Disabilities*. (2022-2025)
- Invited Contributor: [Next Avenue: End of Life Care for People with Developmental Disabilities](#). (2025)
- Reviewer: [The National Down Syndrome Society Guidebook for Care at End of Life](#). (2024)
- Board Member Emeritus, Founding Member, [The Learning Community for Person Centered Practices](#). (current)
- Pending licensee, *Prepare for Your Care* Advance Care Planning Tools and Process, University of California, San Francisco. (2026)

Relevant Professional Experience

InLeadS, LLC (Principal | Owner)

October 1999 to Present
(LLC formed 2021)

InLeadS is an independent consultancy providing consultation and training, structured facilitation and coaching, and content development around implementation of person-centered planning and practice, including training and implementation of advance care planning for organizations serving people with disabilities, older adults, or anyone with complex healthcare needs.

We provide consultation, training, coaching, and planning for state agencies, community-based agencies, and other organizations supporting people with disabilities or older adults, including people transitioning from institutional care to community-based supports. Leigh Ann Kingsbury, Owner and Principal, has planned with hundreds of people with intellectual and developmental disabilities, people with psychiatric diagnoses, older adults, people with complex health needs, and people with life-limiting and life ending illnesses. Ms. Kingsbury has worked in, or with, twenty-three states, Canada, and Great Britain.

InLeadS is a pending licensee for *Prepare for Your Care*, a nationally standardized and state-specific advance care planning tool.

InLeadS' selected current and past work includes:

- Prime Contractor: The North Carolina Person-Centered Planning and Practice Learning Collaborative. (2025)
- Monitoring Team Member: U.S. v. Colorado *Olmstead* Settlement Agreement. (2024-present)
- E-learning content developer: [University of Texas Health Science Center at San Antonio](#) *Aging with a Disability, and Age-Friendly Aging 101* courses. (2026)

- Developer and Presenter: *Using Guardianship and Other Tools to Support Decision-Making and Advocacy*. NYSARC Guardianship Conference. (2024)
- [Yale School of Medicine, Center for Outcomes Research and Evaluation](#): Technical Expert Panel Member: CMS Patient End of Life Goal Setting Measure. (2024-2025)
- [Yale Psychiatry Program for Recovery and Community Health](#) (2024-2025):
 - Developer and Trainer: Person Centered Planning, Crisis Prevention and Intervention.
 - Person-centered plan and crisis planning documents review.
 - Developer and Trainer: Partnering with Guardians through Person-Centered Practices.
- Curriculum development and training facilitation for 1200 Texas MCO Service Coordinators: Texas Health and Human Services Commission, *Person-Centered Practices and the 1701 Support Plan Narrative Training*, and Train-the-Trainer (through the [University of Texas Health Science Center at San Antonio](#) and [iSF](#)). (2025)
- Human Services Research Institute ([HSRI](#)) (2021-2026):
 - Indiana HCBS Waiver Redesign Project: policy review and development, consultation, and facilitation
 - Faculty: The [National Center for Advancing Person Centered Practices \(NCAPPS\)](#) providing training and technical assistance for multiple states around person-centered planning and practice, implementation, and SMART goal development.
 - North Dakota Aging and Adult Services, Curriculum Development.
- [Agency for Healthcare Research and Quality \(AHRQ\)/Mayo Clinic for Evidence-Based Practices](#) Key Contributor: Home and Community Based Services Research Initiative. (2025)
- [University of Minnesota Institute on Community Integration](#): Person-Centered Planning and Practices e-course curriculum updates. (2024-present)
- NYSARC Guardianship Conference Presenter: Supporting Advocacy Through Decision-Making Tools Including Guardianship: (2024)
- Subject Matter Expert, content developer, and facilitator: University of Texas Health Science Center at San Antonio, *Financial Wellness for People Living with Severe and Persistent Mental Illness* ([iSF](#) subcontract). (2024)
- Presenter: The North Carolina Health Benefits Division and Money Follows the Person (MFP) Roundtable: Using Person-Centered Thinking and Practice to Support Advance Directives. (2023)
- Contributor and Reviewer: [The National Down Syndrome Society Guidebook for Care at End of Life](#) (2023)
- Contributor: [Next Avenue: End of Life Care for People with Developmental Disabilities](#). (2023)
- Curriculum development and facilitation of training: *Person-Centered Tools and Approaches to Healthcare Decision Making for People with Disabilities*, a 16-hour remote series (facilitated multiple times). (2022-2024).
- Hospice Foundation of America webinar: *Advance Care Planning for People with Developmental and Intellectual Disability*. (2023)
- LeadingAge Ohio webinar: *Advance Care Planning with People with Cognitive Decline*. (2023)
- Indiana Division of Aging subcontract through [Knowledge Services](#): HCBS Settings Rule compliance consultation and training; service plan reviews; dementia training for Case Managers. (2023-2025)
- [South Carolina Department on Aging](#) No Wrong Door Assessment and Redesign Project. (2024-2025)
- Proposal writer: [Optimetra](#) PACE proposal team. (2023-2024)
- Community Alternatives - BrightSpring Health Services (now Sevita Health) individual behavioral consultation: development of person-centered and behavioral support plan with a person with lifelong trauma from abuse and neglect. (2022)
- Oklahoma Developmental Disabilities Council, content developer, and facilitator: *Alternatives to Guardianship* webinar and supporting materials. (2021)
- Interim Executive Director, [The Learning Community for Person Centered Practices](#). (2021)
- *People Planning Ahead* curriculum developer and trainer; 16-hour course to train case managers, service coordinators, person-centered plan developers, families, etc., on using person-centered practices to develop advance directives with people with disabilities. (2007-2017)
- Facilitator, the North Carolina Money Follows the Person (MFP) Transitions Summer Institute. (2017-2025)

- Curriculum development: *Using Person-Centered Approaches for Care at End of Life*. Relias Healthcare Training. (2016)
- Presentation: *Practical Approaches of Person-Centered Thinking Tools*: The North Carolina Association on Aging. (2015)
- Training and consultation around alternatives to guardianship, support for healthcare decision making, decisional authority and end of life care for aging services and disability organizations in Oklahoma, Kansas, Missouri, Oregon, New Jersey, California, Colorado, North Carolina, Pennsylvania, Montana, the District of Columbia, and Canada. (2005-present)
- Person Centered Thinking© training and train-the-trainer activities for Aging and Disability Resource Centers in thirteen states, numerous disability services organizations and older-adult service providers including nursing facilities, dementia-care specialty providers and adult-day services providers. (2014)
- Hospice Foundation of America invited panelist: national webcast on End-of- Life Care and Grief for People with Intellectual and Developmental Disabilities. (2015)

[The Lewin Group \(OptumServe Consulting\)](#), Managing Consultant

June 2014-March 2021

- Project Manager and Team Lead for numerous federal CMS and ACL projects related to HCBS policy, Person-Centered Planning and Practice, No Wrong Door, Improvement Science, and Social Determinants of Health.
- Lead for patient and family engagement strategy across multiple projects.
- CMS Model: Learning Collaborative Facilitator, Medicare Care Choices Model (MCCM).

[Support Development Associates, LLC](#) (SDA), Contractor & Senior Associate

September 1999-June 2014

- Content and curriculum development, facilitation and implementation of coaching and training, and processes for person-centered systems and practices in disability, and long-term services and supports.
- Development of person-centered plan transition plans for people leaving multiple state developmental centers.
- Lead Associate for long-term services and supports.

Other Significant and Prior Experience:

- Regional Director: Statewide Behavioral Health Organization providing community-based services for people with I/DD or SPMI across a 16-county region.
- Founder and Executive Director: Community-based non-profit residential agency for people with dual diagnoses of I/DD and SPMI transitioning from North Carolina State Psychiatric Hospitals or North Carolina State Developmental Centers.

Selected Professional Activities, Reports and Publications

Activities

- Facilitator, The North Carolina Health Benefits Division and Money Follows the Person (MFP) Person Centered Collaborative Transitions Institute, 2017-2025.
- Invited SME, American Bar Association Roundtable: Beyond Guardianship: Supported Decision Making.
- Invited Faculty Presenter: The George Washington University Summer Institute on End-of-Life Care.
- Invited contributor: United States Congressional Report on End-of-Life Care in America for the US Congress, RAND Corporation.

Reports:

- In Process: Agency for Healthcare Research and Quality (AHRQ)/Mayo Clinic for Evidence-Based Practices Key Contributor: Home and Community Based Services Research Initiative. (Spring 2024)
- University of Texas Health Science Center at San Antonio Financial Wellness for People Living with Severe Mental Illness. (Summer 2023)

- The Ohio Legislature S.B. 24 Alzheimer's Disease and Related Dementias' Task Force Findings and Recommendations Report. (February 2022)
- Co-author, Ohio Department of Aging, [The Journey Together: Alzheimer's Disease and Related Dementias Task Force Preliminary Findings Summary](#) (August 2021)
- Recommendations for Standard Operating Procedures for the CMMI Learning and Diffusion Group (September 2020).
- Lessons from PFE Implementation in TCPI (Fall 2019).
- CMMI Introduction to CQI Series (Summer 2018).

Publications:

- Kingsbury, Leigh Ann. (2025). *A Person-Centered Practices Approach for Successful Supports as People Get Older*. Frontline Initiative: Supporting People as They Age. Institute on Community Integration and The National Alliance for Direct Support Professionals.
- Kingsbury, LA., Rajcevic, S. (2025). Blending and Braiding Funding to Support Family Caregivers: An Overview for States. National Center on Advancing Person-Centered Practices and Systems.
- Kingsbury, LA., Rajcevic, S. (2023). Office of Healthcare Information and Counseling Person-Centered Thinking Toolkit. Cambridge, MA: National Center on Advancing Person-Centered Practices and Systems.
- Kingsbury, Leigh Ann Creaney. (2013) *Planning for the Future: Using Person Centered Practices to Plan for the Future and Support People with Critical and/or Life Ending Illnesses*. [National Gateway to Self-Determination](#). Heller and Factor, Eds. Kansas City. UMKC
- Kingsbury, Leigh Ann Creaney. (2011) *Balancing Important To and Important For in the Life of a 70-Year-Old: An Example of Person-Centered Thinking Skills and Tools*. [AAIDD Gerontology Newsletter](#). Perkins, Editor. Washington, DC. AAIDD
- Kingsbury, Leigh Ann Creaney. (2010) *Using Person-centered Planning for End-of-Life Decision Making*. In [End-of-Life Care for Adults and Children with Intellectual and Developmental Disabilities](#). Friedman and Helm, Eds. Washington, DC. AAIDD
- Kingsbury, Leigh Ann Creaney. (2009) *What Edward Taught Us About Healthcare Decision Making Before and at End of Life: Why We All Must Listen*. [NASDDDS Community Services Reporter](#). Volume 16, Number 10. Alexandria. NASDDDS.
- Kingsbury, Leigh Ann Creaney. (2008). People Planning Ahead: A Guide to Communication of Healthcare and End of Life Wishes. Washington, DC. AAIDD
- Kingsbury, Leigh Ann Creaney. (2005) *Person-centered Planning and End of Life Wishes*. [The Journal of Disability, Religion and Health](#). Modified version: *TASH Connections*.

Education

- Master of Public Administration (MPA), Focus: Gerontology, Non-Profit Management; University of North Carolina at Wilmington
- Graduate Certification in Gerontology, University of North Carolina at Wilmington
- Bachelor of Science, Therapeutic Recreation, University of Maryland

Certifications

- Nationally Certified Mentor Trainer: Person Centered Thinking and Planning ©, Essential Lifestyle Planning, [The Learning Community for Person Centered Practices](#)
- Nationally Certified Facilitator, [Respecting Choices](#) © Advance Care Planning Curriculum
- [Charting the Life Course](#)™ Ambassador
- Affiliated Regional Trainer: The National Task Group on Intellectual Disability and Dementia Practices ([The NTG](#))